



## Welcome to the Pre-Kindergarten Room!

More than 85 percent of the brain is developed before the age of 5. The prekindergarten years are the time in which the brain begins to maximize its potential. The most important goal of pre-k is to help your child develop the knowledge, skills, and approaches to learning needed to be ready for Kindergarten. Teachers plan meaningful activities to engage children's minds and bodies in learning experiences throughout the day. Fascinating study units materialize through the developing interests and knowledge of the child's world. In this way the classroom is continuously changing based on the children's interests. These units are not limited to a specific length of time. Rather, they are extended until they emerge into a related study of the classroom's choosing. The learning centers will also reflect the current study unit as well as the children's developmental goals.

The schedule below outlines a typical day in our pre-k program. This daily routine is designed to support your child's gross & fine motor, social & emotional, and cognitive development. Because consistency is absolutely vital to your child's progress, **prompt arrival each day by 8:30 sharp and regular attendance is required.**

### Pre-Kindergarten Sample Schedule

- 8:00 - 8:30**    **Extended Care** (see BPCDN administrator for details)
- 8:25 - 8:35**    **Arrival** (washing hands, signing in, & table tops)
- 8:35 - 8:50**    **Morning Meeting** (calendar, weather, attendance, & discuss the day's activities)
- 8:50 - 9:10**    **Snack** (provided by the school, bathroom, & hands washed)
- 9:10 - 9:30**    **Music and Movement** (indoor gross motor activities)
- 9:30 - 10:40** **Center Time** (choice centers & unit study small groups)
- 10:40 - 11:20** **Gross Motor Play** (in the backyard or neighborhood, hands washed after)
- 11:20 - 11:40** **Story Time** (unit Study discussion and study related stories)
- 11:40 - 12:10** **Lunch** (provided by the school, hands washed)
- 12:10 - 1:10**    **Nap/Rest Time** (bathroom, hand washing, & chapter book reading)
- 1:10 - 1:25**    **Circle Time** (skill-based mini-lesson, skill-based books & songs)
- 1:25 - 2:35**    **Center Time** (choice centers & skill-based small groups)
- 2:35-2:50**    **Closing Meeting** (school day review & farewell song)
- 2:50**            **Dismissal** (There is a \$5.00 charge at 5 minutes past the dismissal time and an additional \$1.00 per minute is added thereafter)

## **The Afterschool Program**

The schedule below outlines a typical day in our afterschool program. Two days a week, the children participate in the paid Enrichment Program. On Monday, they have **Music Time with Lou Gallo**. Lou is a professional singer/songwriter who leads the children through an exploration of music and imagination using songs, stories, movement and instrument play. On Wednesdays, they will participate in our **Yoga/Cultural Dance Program with Sheri**. Sheri alternates each week between Yoga Instruction during which the children develop body awareness while learning relaxation and concentration skills and Cultural Dance during which the children embrace multicultural influences from around the world through music and movement.

The afterschool teaching staff will also lead other activities throughout the week including art, sciences, cooking, games, drama and storytelling. Every Friday afternoon, the pre-k and preschool classrooms will combine for a "Sing Along" session. The classrooms take turns being "host" and lead the children in new songs, favorite medleys, and fun dances.

### **Afterschool Sample Schedule**

- 3:00**           **Afterschool Program begins** (see BPCDN administrator for details)
- 3:00- 3:30**   **Snack** (provided by the school, chapter book reading, bathroom & hand washing)
- 3:30 – 4:00**   **Enrichment/Activities** (yoga/dance, music, art, science, games, and cooking)
- 4:00 – 4:30**   **Outdoor Play** (in the backyard or neighborhood, hands washed after)
- 4:30 – 5:00**   **Circle Time** (songs, storytelling, & movement games)
- 5:00 – 6:00**   **Center Time** (free choice centers)
- 6:00**           **Dismissal** (There is a \$5.00 charge at 5 minutes past the dismissal time and an additional \$1.00 per minute is added thereafter)